

AAPGAI ADVANCED SINGLE HANDED TEST

GENERAL

Candidates must have read and understood the requirements of the syllabus prior to attending an AAPGAI assessment. It is advised that candidates prepare fully for this demanding assessment. Access to workshops and a mentoring scheme is available through AAPGAI.

WHAT YOU NEED TO BRING

A. Tackle Required - A balanced outfit of your choice that you would deem appropriate for teaching purposes, and suitable for river fishing for trout, with a minimum 9ft tapered leader and wool tag attached. The maximum rod length and rating is 9' 6" AFTM 7 with floating line. A minimum 7' sink tip or floating line with integrated sink tip with a minimum sink rate 2. Candidates have the choice and can use two set-ups for the casting assessment, i.e. one for the Spey casting section and one for the Overhead section. This can comprise two suitable lines using the same rod, or two completely separate outfits.

B. Candidates may use one rod for the floating line and one separate rod for the sunk tip line section of the assessment as appropriate. However, we strongly advise the candidate to carry a spare rod in reserve. Please bring any visual aids you may wish to use for the teaching process as part of your assessment.

C. Suitable clothing for the assessment is required, e.g. chest waders, eye protection, jacket etc.

WHAT YOU NEED TO KNOW

A. Throughout the assessment you will be asked to clearly explain and demonstrate each individual section of the test.

B. You will be examined on your knowledge of the mechanics of each cast and your ability to teach in a clear and concise manner - stance and grip, wrist arm and body movements, the arc of the rod and correct effort application etc. You will also be tested on your ability to diagnose faults.

C. Casts must be performed with a smooth acceptable style and consistency that demonstrates excellent line control, good timing and without the appearance of slack line during the casts.

D. All distances are measured from the rod tip to the end of the fly-line and do not include the length of leader.

E. Variations in casting style are acceptable provided the candidate can demonstrate a thorough knowledge of the alternatives and discuss the merits of each.

F. Casts will normally be carried out on water whilst wading up to thigh depth (and/or off the water at the discretion of the assessors or during adverse weather conditions).

G. The tests may be performed **in any order** at the discretion of the Assessors or candidate by mutual consent. There will be a minimum of two qualified assessors for every assessment.

H. Candidates may be offered, in the “Additional Tackle” section, other types of tackle to cast and explain.

I. There will be a 1 hour written examination on general knowledge of game angling.

J. There will be a 3 hour technical assessment.

K. There will be a 20 minute presentation workshop (On a Game Angling topic or Teaching in depth a cast of your choice) to deliver to an audience followed by a 30-45 minute interview and de-brief.

ADVANCED SINGLE HANDED TEST CONTENT:

1. A) SAFETY

Detailed explanations on organising, taking care of, and safety measures adopted when taking two or more people on the river for the first time. Explanations of life saving, the protection of clients, and wading equipment commonly used. Knowledge of risk assessment of the environment you may find yourself in.

B) TACKLE An in-depth discussion on fly rods and fly lines that may be used for different applications. Leader design and make-ups (Tapers/lengths etc) for various fishing techniques, and a good understanding on how it all works is required.

2. ROLL CAST

Casts to be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) Pros and cons of this cast.

C) 30' (minimum) basic deadline Roll cast in which the leader straightens completely - off both shoulders.

D) 30' (minimum) Roll cast with tail, side and head winds. Explain rod positions and use of a haul into a head wind.

E) 30' (minimum) Roll cast shooting line to a minimum of 40' using a haul - off both shoulders.

F) Faults and cures.

3. JUMP ROLL CAST

Casts to be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) Pros and cons of this cast.

C) 30' (minimum) Jump roll cast off both shoulders.

D) Jump roll cast shooting line to a minimum of 40' without a haul - off both shoulders.

E) Jump roll cast shooting line to a minimum of 45' using a haul - off both shoulders.

F) Faults and cures.

4. SINGLE SPEY CAST

Casts to be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) Pros and cons of Roll casting.

C) 30' (minimum) cast to 45-degrees off both shoulders.

D) 45-degree cast shooting line to a minimum of 45' off both shoulders.

E) 30' (minimum) cast to 90-degrees off both shoulders.

F) 90-degree cast shooting line to 45' off both shoulders.

G) Faults and cures.

5. SNAP T & CIRCLE CAST

Casts must be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this casts.

B) The pros and cons of these casts.

C) 30' (minimum) cast to 45-degrees off both shoulders (Snap T and Circle).

D) A 45-degree cast shooting line to a minimum of 45' off both shoulders. (Snap T and Circle).

E) 30' (minimum) cast to 90-degrees off both shoulders (Snap T and Circle).

F) A 90-degree cast shooting line to a minimum of 45' off both shoulders. (Snap T and Circle).

G) Faults and cures.

6. DOUBLE SPEY CAST

Casts to be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) The pros and cons of Spey casting.

C) 30' (minimum) cast to 45-degrees off both shoulders.

D) A 45-degree cast shooting line to a minimum of 45' off both shoulders.

E) 30' (minimum) cast to 90-degrees off both shoulders.

F) A 90-degree cast shooting line to a minimum of 45' off both shoulders.

G) Faults and cures.

7. SNAKE ROLL CAST

Casts must be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) The pros and cons of this cast.

C) 30' (minimum) cast to 45-degrees off both shoulders.

D) A 45-degree cast shooting line to a minimum 45' off both shoulders.

E) 30' (minimum) cast to 90-degrees off both shoulders.

F) A 90-degree cast shooting line to a minimum of 45' off both shoulders.

G) Faults and cures.

8. OVERHEAD CAST

Casts must be performed with clean efficient loops that unroll completely in the air.

A) Objectives of this cast.

B) The pros and cons of this cast.

C) 6 false casts 30' (minimum) to 35' (minimum) with one hand showing narrow loops - off both shoulders.

D) 6 false casts 30' (minimum) to 35' (minimum) with one hand, changing from narrow to open loops on command – off both shoulders.

E) 6 false casts 30' (minimum) with one hand, in different planes, from vertical to horizontal - off both shoulders.

F) Overhead cast into head wind, (one hand) using a minimum of 30' of line.

G) Overhead cast with tail wind, (one hand) using a minimum of 30' of line.

H) Overhead cast 30' (minimum) then shoot line to a minimum of 40' (one hand) - off both shoulders.

I) Overhead cast 30' (minimum) with 30-degree change of direction.

J) Overhead accuracy. Hit targets at 20', 30' and 40', measured from the rod tip.

K) Faults and cures. Create a tailing loop on both back and forward cast.

9. SLACK LINE, MENDES & CURVE CASTS

A) Curve cast - Placing right and left curves from rod tip to leader at 30' (minimum). (Curves to be made during the casting stroke and before the forward stop)

B) Reach and Reach mend casts. To left and right at 30' (minimum). The mend to be created after the stop in the forward cast.

C) Mend left and right with elbow in line placed close, middle and far (After the forward stop).

D) Wiggle/Serpentine cast. Equally spaced and uniformed, with wiggles placed close, middle and far.

E) Combination cast. Perform any Spey Cast, (without touching down on delivery) then go into overhead back cast and deliver to a target at 90-degrees.

10. SINGLE & DOUBLE HAULING

Good explanations of stance, arm and hand positions, body movement, mechanics, rod drift, and reasons for each movement during the casting sequence throughout this section. (Use of visual aids and analogies).

A) Objectives of this cast.

B) Single haul on the back cast 30' (minimum) over both shoulders.

C) Single haul on the forward cast 30' (minimum) over both shoulders.

D) Continuous double haul casting 6 false casts at 30' (minimum) to 35' (minimum) over both shoulders.

E) Distance cast of a minimum 65' off rod-hand side, 60' across/over body.

F) Salt water cast. Show methods/techniques to deliver a heavy or air resistant fly with strong side winds from the left and right.

G) Faults and cures. Show causes of tailing loops created by both rod and line hand. Show the effect of poor timing of line release on shoot.

11. SINK TIPS

A) Good explanations on uses in fishing, casting and dealing with sunken tips.

B) Show techniques to raise a sunken tip to the surface.

C) Raise sink tip to the surface and use a Spey cast of choice to deliver a cast to 45-degrees off both shoulders.

D) Raise a sink tip to the surface and use a Spey cast of choice to deliver a cast to 90-degrees off both shoulders.

E) Raise a sink tip to the surface and overhead cast to 30-degrees.

12. ADDITIONAL TECHNIQUES

A) A Saltwater type cast as if in a craft. With fly in hand and 20'-25' of line extended from the rod tip, show technique and then shoot to 50' with no more than 2-3 false casts.

B) Demonstrate a cast, pitching the fly first into the water.

C) Assessors may provide additional outfits and invite the candidate to cast/explain them.