# **AAPGAI ADVANCED DOUBLE HANDED TEST**

### **GENERAL**

Candidates must have read and understood the requirements of the syllabus prior to attending an AAPGAI assessment. It is advised that candidates prepare fully for this demanding assessment. Access to workshops and a mentoring scheme is available through AAPGAI.

#### WHAT YOU NEED TO BRING

Tackle required - A two handed rod of the candidate's choice, minimum length 13'6" to maximum length 15', with maximum rating AFTM11. A conventional profile floating Spey line with minimum head length 56' and maximum rating AFTM11, plus 12' leader and wool tag. There is the option for using a spare line suitable for the overhead section.

Unless otherwise stated ALL Spey and overhead casts at Advanced level require a minimum of **56'** of line outside the rod tip, (Ladies **50'**) all other measurements are from the rod tip to the end of the fly-line. Leader length should be disregarded for distance purposes. Sunken fly lines with a minimum of type 2 sink and a minimum head length of **55'**. Leader length to be no less than 6' with a minimum 1.5" copper or brass hook-less tube attached. A spare second rod is permissible with the sunk line outfit. Please bring any visual aids you may wish to use for the teaching process as part of your assessment.

#### WHAT YOU NEED TO KNOW

- **A.** Casts will normally be carried out on water whilst wading up to thigh depth (and/or off the water at the discretion of the assessors or during adverse weather conditions).
- **B.** Ladies casting distances are 90% of those mentioned in the syllabus and a minimum head length of 50'.
- C. Casts must be performed with a smooth acceptable style and consistency that demonstrates excellent line control, good timing and without the appearance of slack line during the casts.
- **D.** Variations in casting style are acceptable provided the candidate can demonstrate a thorough knowledge of the alternatives and discuss the merits of each.
- **E.** The tests may be performed **in any order** at the discretion of the assessors or candidate with mutual consent. There will be a minimum of two qualified assessors for every assessment.
- **F.** You will be examined in detail on your knowledge of the mechanics of each cast and your ability to teach in a clear and concise manner including stance and grip, wrist arm and body movements, the arc of the rod and correct effort application. You will also be tested on your ability to diagnose faults, clearly demonstrating both the fault itself and its correction.

- **G.** There will be a 1 hour written examination on general knowledge of angling.
- H. There will be a 20 minute workshop (One of the Spey casts explained in detail or on a Game Angling topic of your choice) to perform before an audience.
- **I.** There will be an interview 30-45 minutes.
- **J.** There will be a 3 hour Advanced technical assessment.

# **ADVANCED DOUBLE HANDED TEST CONTENT:**

- **1a. SAFETY** Detailed explanations on organising, taking care of, and safety measures adopted when taking two or more people on the river for the first time. Explanations of life saving, protection, and wading equipment.
- **B)** TACKLE In depth discussion on fly rods and fly lines for different applications. Leader design and make-ups for various fishing techniques (Tapers/lengths), a good understanding on how it all works is required.

# 2. ROLL CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight.

- **A)** Cast objectives. Discuss rod grips, rod positioning, styles of hand arm and body movements and efficiency. Also discuss anchor points and getting line out.
- B) Pros and cons of this cast.

- C) Roll cast minimum head length outside the rod tip 55' (Ladies 50') without shooting line in which the line and leader straightens completely, off both shoulders.
- **D)** Roll cast with head and tail winds.
- E) Roll cast shooting a minimum of 10', off both shoulders.
- **D)** Demonstrate faults and cures.

### 3. JUMP ROLL CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight, good shaped D-loops in alignment with target and minimum anchor on the water. Minimum 56' of fly line outside the rod tip (Ladies 50').

- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain anchor points and rod positioning.
- **B)** Pros and cons of this cast.
- C) Jump Roll cast without shooting line. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **D)** Jump Roll shooting a minimum of 15' of line, off both shoulders.

E) Demonstrate faults and cures.

### 4. SINGLE SPEY CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight, good shaped D-loops in alignment with target and minimum anchor on the water.

- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain anchor points and rod positioning.
- **B)** Pros and cons of this cast.
- C) Single Spey cast to 45- degrees without shooting line. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **D)** Single Spey cast to 90- degrees without shooting line, off both shoulders.
- E) Single Spey cast to 45- degrees shooting a minimum of 15' of line, off both shoulders.
- **F)** Single Spey cast to 90- degrees shooting a minimum of 15' of line, off both shoulders.
- **G)** Demonstrate faults and cures.

# 5. SNAP T AND CIRCLE CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight, good shaped

- D-loops in alignment with target and minimum anchor on the water.
- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain anchor points and rod positioning.
- B) Pros and cons of this cast.
- C) Snap 'T' then Circle cast to 45- degrees without shooting line. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **D)** Snap 'T' then Circle cast to 45- degrees shooting a minimum of 15' of line, off both shoulders.
- E) Snap 'T' then Circle cast to 90- degrees without shooting line, off both shoulders.
- **F)** Snap 'T' then Circle cast at 90- degrees shooting a minimum of 15' of line, off both shoulders.
- **G)** Demonstrate faults and cures.

## 6. DOUBLE SPEY CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight, good shaped D-loops in alignment with target and minimum anchor on the water.

A) Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and

efficiency throughout. Explain anchor points and rod positioning.

- **B)** Pros and cons of this cast.
- **A)** Double Spey cast to 45- degrees without shooting line. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **B)** Double Spey cast to 45- degrees shooting a minimum of 15' of line, off both shoulders.
- C) Double Spey cast to 90- degrees without shooting line, off both shoulders.
- **D)** Double Spey cast to 90- degrees shooting a minimum of 15' of line, off both shoulders.
- E) Demonstrate faults and cures.

### 7. SNAKE ROLL CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight, good shaped D-loops in alignment with target and minimum anchor on the water.

- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain anchor points and rod positioning.
- **B)** Pros and cons of this cast.

- C) Snake Roll cast to 45- degrees without shooting line. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **D)** Snake Roll cast to 45- degrees shooting a minimum of 15' of line, off both shoulders.
- E) Snake Roll cast to 90- degrees without shooting line, off both shoulders.
- **F)** Snake Roll cast to 90- degrees shooting a minimum of 15' of line, off both shoulders.
- **G)** Demonstrate faults and cures.

### 8. OVERHEAD CAST

Casts must be performed with clean efficient loops that unroll completely in the air and land straight. No tailing loops except on command.

- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain rod positioning.
- **B)** Pros and cons of this cast.
- C) Pick up and lay down. Minimum 56' head length outside the rod tip, (Ladies 50') off both shoulders.
- **D)** 6 false casts with 56' of fly line (Ladies 50'). Show narrow and open loops control on command, off both shoulders.

- **E)** Overhead cast shooting a minimum of 20' of line, off both shoulders.
- **F)** Overhead cast into a head, tail and side winds.
- **G)** Overhead cast with a 30- degree change of direction, off both shoulders.
- **H)** Demonstrate faults and cures.

### 9. SUNK LINES

Casts must be performed with clean efficient loops that unroll completely in the air and land straight.

- **A)** Cast objectives. Discuss rod grips and a good description of styles of hand arm and body movements and efficiency throughout. Explain anchor points and rod positioning.
- **B)** 55' raise sunken line to surface, (Ladies 50') off both shoulders.
- C) Raise sunken line to surface and Spey cast to 45-degrees, off both shoulders.
- **D)** Raise sunken line to surface and Spey cast to 90-degrees, off both shoulders.
- E) Raise sunken line to surface and overhead cast to 30-degrees (without fly attached) off both shoulders.

- **F)** Demonstrate faults and cures.
- 10. ADDITIONAL TACKLE The assessor team will have at their disposal one rod fitted with a Skagit line, one rod fitted with a shooting head and one single hand rod suitable for salmon fishing. These may be used as required under Additional Tackle to ascertain the ability of the candidate to adapt to these different setups as may be required during their teaching. Clearly Explain and Demonstrate the following:
- **A)** (The outfit provided at the assessor's discretion, with emphasis on technique and understanding)
- **B)** Pros and cons of uses for the outfit provided.
- C) Ability to cast with this outfit as requested by the assessors.